

Asics Watford Half Marathon

Sunday 7 February 2010. 10:30 am

Provisional Results for Herts Men in finish order.

Posn	Time	Name	Club	Cat	Num	Race Posn
1	1:19:36	WOOLLETT, Guy	Gade Valley Harriers	Male V40	1732	31
2	1:21:44	BRAYBROOK, Colin	St Albans Striders	Male V40	1659	41
3	1:23:01	KENYON-MUIR, Nick	Ware Joggers	Male V40	525	51
4	1:23:37	ELLERBY, Vince	Gade Valley Harriers	Male V40	1104	62
5	1:23:53	STORRIE, Martin	Gade Valley Harriers	Male V40	1908	65
6	1:24:08	JONES, John	St Albans Striders	Male V40	679	67
7	1:24:32	BOWKER, David	Fairlands Valley Spartans	Male V50	908	72
8	1:24:46	WARREN, Gary	St Albans Striders	Male V40	1058	77
9	1:25:07	HARRISON, Richard	Royston Runners	Male V40	860	83
10	1:26:10	MORRIS, Garth	Ware Joggers	Male V40	564	105
11	1:27:44	TREMAINE, Robin	London Heathside	Male V50	1853	125
12	1:28:45	SCOTT, Lee	Harpenden Aro Runners	Male V40	1144	148
13	1:30:02	BLYTH, Kenny	Ware Joggers	Male V50	57	178
14	1:31:53	TYLEY, Gwynfor	St Albans Striders	Male V40	830	219
15	1:32:49	GRIFFIN, Tom	Tring RC	Male V60	1698	236
16	1:32:57	CLEMENTS, Trevor	St Albans Striders	Male V40	1082	241
17	1:34:54	HALLING, Martin	St Albans Striders	Male V50	1106	297
18	1:35.13	Andrew Garrett	Fairlands Valley Spartans	Male V40	1263	311
19	1:35:20	NICHOL, Ian		Male V40	1803	314
20	1:35:33	BEARE, Martin	Boxfit-tri	Male V40	371	323
21	1:36:15	JENNINGS, Jim		Male V40	1247	341
22	1:36:22	STEWART, Gary	Watford Joggers	Male V40	958	350
23	1:36:25	BROWN, Jim	Fairlands Valley Spartans	Male V50	832	352
24	1:36:48	KIRCHIN, Stephen	St Albans Striders	Male V40	1925	366
25	1:37:25	RUFFELL, Richard	British Airways	Male V40	1786	389
26	1:37:45	ROSE, Tony	Ware Joggers	Male V40	689	399
27	1:38:01	JONES, Richard	St Albans Striders	Male V40	645	412
28	1:38:58	HARPER, Andrew		Male V40	2356	457
29	1:39:06	PARTRIDGE, Roger	Ware Joggers	Male V40	213	461
30	1:39:36	CHAMPKEN, Paul	St Albans Striders	Male V40	771	479
31	1:39:40	OUGHTON, Simon	Royston Runners	Male V40	1632	481
32	1:41:00	GADDIE, Robert	Watford Joggers	Male V40	104	535
33	1:41:01	ALEXANDER, Steve	St Albans Striders	Male V40	736	536
34	1:41:18	PERKINS, Simon	St Albans Striders	Male V40	666	546
35	1:41:43	HEWITT, Stephen	Watford Joggers	Male V40	1682	565
36	1:41:55	BLYTHE, Kenneth	Watford Joggers	Male V50	1105	576
37	1:41:56	KIPPAX, Nigel	Tring RC	Male V50	1252	578
38	1:43:04	TAYLOR, Les	Ware Joggers	Male V40	45	630
39	1:43:15	BAKER, Peter	Ware Joggers	Male V50	615	639
40	1:43:27	KELLY, Stephen	St Albans Striders	Male V50	1508	645
41	1:43:42	GAMBLE, James	Watford Joggers	Male V50	1926	661
42	1:43:58	WRIGHT, James		Male V40	1482	669
43	1:44:29	HOPE, John	St Albans Striders	Male V60	251	689
44	1:44:31	ROWLANDS, Anthony	St Albans Striders	Male V50	1726	691
45	1:44:48	ROGERS, Peter	St Albans Striders	Male V50	200	706
46	1:45:29	HAMSON, Peter	Tring RC	Male V60	1686	746
47	1:45:55	DYKE, Christopher		Male V40	678	767
48	1:46:10	THOMPSON, Gladstone	St Albans Striders	Male V40	870	783
49	1:47:47	ELKHATIB, Aboubakr		Male V40	745	852
50	1:48:05	BROOKS, Arthur	St Albans Striders	Male V50	665	866
51	1:48:23	PICKERING, John	Ware Joggers	Male V50	48	880
52	1:48:24	FOSTER, James		Male V40	1938	881
53	1:48:32	HILL, Tony	Tring RC	Male V50	1587	891
54	1:49:37	RYAN, Shane	St Albans Striders	Male V40	1536	937
55	1:49:39	CUNNINGHAM, Phil	Ware Joggers	Male V50	506	942
56	1:50:04	O'SHAUGHNESSY, Paul		Male V40	733	961
57	1:51:16	NEWING, Andy	Gade Valley Harriers	Male V40	1983	1010

58	1:51:22	WHITE, Richard	Tring RC	Male V50	1078	1017
59	1:52:39	SLADE, Nick	Watford Joggers	Male V40	837	1073
60	1:53:38	NICHOLS, Mark	Watford Joggers	Male V50	547	1121
61	1:55:10	WADDINGHAM, Robert	Ware Joggers	Male V50	30	1185
62	1:56:01	GLOVER, Lindsey	Dunstable Road Runners	Male V50	993	1221
63	1:56:14	DAVIS, Jim	Herts Phoenix	Male V60	2277	1225
64	1:56:24	BEESTON, Tim		Male V40	1035	1230
65	1:56:49	MOFFATT, Jonathan	St Albans Striders	Male V40	635	1252
66	1:56:52	MEARS, Stephen	St Albans Striders	Male V50	155	1256
67	1:57:20	WOOLRIDGE, Paul		Male V50	1720	1274
68	1:57:35	HOLGATE, Paul	Fairlands Valley Spartans	Male V50	978	1284
69	1:57:40	ALLEN, Trace	Garden City Runners	Male V60	223	1287
70	1:58:14	DUDLEY, Adrian	Garden City Joggers	Male V40	1946	1306
71	1:58:17	SMITH, Andrew		Male V40	1032	1308
72	1:58:24	NICHOLS, Terry	Ware Joggers	Male V60	2463	1315
73	1:59:40	REEVE, Tony		Male V40	1292	1380
74	2:00:39	COLE, Martin	Metropolitan Police	Male V40	1425	1411
75	2:01:04	ROKENSON, Gary	Gade Valley Harriers	Male V40	794	1428
76	2:01:33	JACK, Michael	St Albans Striders	Male V50	215	1440
77	2:02:12	HUDSON, Phil	Ware Joggers	Male V50	949	1459
78	2:02:45	SHADBOLT, Noel	Garden City Runners	Male V50	770	1474
79	2:07:39	WHITING, Richard	Herts Phoenix	Male V50	1389	1580
80	2:09:09	PROCTOR, Lawrence	Stopsley Striders	Male V50	2411	1607
81	2:09:10	TUCKER, Peter	Gade Valley Harriers	Male V50	947	1609
82	2:10:10	FOLEY, Tim		Male V40	2360	1627
83	2:13:40	PETERS, Jeff	Watford Joggers	Male V40	805	1682
84	2:14:54	BISWELL, Paul	Watford Joggers	Male V40	1550	1702
85	2:16:04	TOFFOLO, Stefano		Male V40	1362	1720
86	2:18:21	HERN, Peter	Herts Police AC	Male V60	38	1741
87	2:26:24	MUNRO, Stuart	Royston Runners	Male V40	1101	1801
88	2:32:57	STRINGER, Roy	Ware Joggers	Male V60	42	1823
89	2:48:02	HEYWOOD, John	Ware Joggers	Male V60	580	1847

Hertfordshire Vets Team Competition

Hertfordshire Men Vets Team Competition

1st St Albans Striders A	Place	Time	Name	Age Category
	2nd	1.21.44	Colin Braybrook	V40
	6th	1.24.08	John Jones	V40
	8th	1.24.46	Gary Warren	V40
	14th	1.31.53	Gwynfor Tyley	V40
	30	5.32.31		
2nd Ware Joggers A				
	3rd	1.23.01	Nick Kenyon-Muir	V40
	10th	1.26.10	Gart Morris	V40
	14th	1.30.02	Kenny Blyth	V50
	26th	1.37.45	Tony Rose	V40
	53	5.56.22		
3rd Gade Valley Harriers				
	1st	1.19.36	Guy Woollett	V40
	4th	1.23.37	Vince Ellerby	V40
	5th	1.23.53	Martin Storrie	V40
	57th	1.51.16	Andy Newing	V40
	67	5.58.22		
4th St Albans Striders B				
	16th	1.32.57	Trevor Clements	V40
	17th	1.34.54	Martin Halling	V50
	24th	1.36.48	Stephen Kirchin	V40
	27th	1.38.01	Richard Jones	V40
	84	6.22.40		
5th Fairland Valley Spartans				
	7th	1.24.32	David Bowker	V50
	18th	1.35.13	Andrew Garrett	V40
	23rd	1.36.25	Jim Brown	V50
	68th	1.57.35	Paul Holgate	V50
	116	6.33.45		
6th Watford Joggers				
	22nd	1.36.22	Gary Stewart	V40
	32nd	1.41.00	Robert Gaddie	V40
	35th	1.41.43	Stephen Hewitt	V40
	36th	1.41.55	Kenneth Blythe	V50
	125	6.41.00		
7th St Albans Striders C				
	30th	1.39.36	Paul Champken	V40
	33rd	1.41.01	Steve Alexander	V40
	34th	1.41.18	Simon Perkins	V40
	40th	1.43.27	Stephen Kelly	V50
	137	6.45.25		
8th Tring Running Club				
	15th	1.32.49	Tom Griffin	V60
	37th	1.41.56	Nigel Kippax	V50
	46th	1.45.29	Peter Hamson	V60
	53rd	1.48.32	Tony Hill	V50
	151	6.48.44		

Hertfordshire Vets Team Competition

9th Ware Joggers B

29th	1.39.06	Roger Partridge	V40
38th	1.43.04	Les Taylor	V40
39th	1.43.15	Peter Baker	V50
51st	1.48.23	John Pickering	V50
	157 6.53.48		

10th St Albans Striders D

43rd	1.44.29	John Hope	V60
44th	1.44.31	Anthony Rowlands	V50
45th	1.44.48	Peter Rogers	V50
48th	1.46.10	Gladstone Thompson	V40
	180 6.59.18		

11th St Albans Striders E

50th	1.48.05	Arthur Brooks	V50
54th	1.49.37	Shane Ryan	V40
65th	1.56.49	Jonathon Moffatt	V40
66th	1.56.52	Stephen Mears	V50
	235 7.31.23		

12th Watford Joggers B

41st	1.43.42	James Gamble	V50
59th	1.52.39	Nick Slade	V40
60th	1.53.38	Mark Nichols	V50
83rd	2.13.40	Jeff Peters	V40
	243 7.43.39		

13th Ware Joggers C

55th	1.49.39	Phil Cunningham	V50
61st	1.55.10	Robert Waddingham	V50
72nd	1.58.24	Terry Nichols	V60
77th	2.02.12	Phil Hudson	V50
	265 7.45.25		

Asics Watford Half Marathon

Sunday 7 February 2010. 10:30 am

Provisional Results for Herts Ladies in finish order.

Posn	Time	Name	Club	Cat	Race	
					Num	Posn
1	1:29:55	McKIE, Elizabeth	St Albans Striders	Female V35	2465	174
2	1:31:58	CARPENTER, Sue	Watford Joggers	Female V45	1755	220
3	1:32:19	SAWDAY, Nicki	St Albans Striders	Female V45	330	224
4	1:33:09	HARRISON, Vikki	David Lloyd Pacers	Female V35	732	247
5	1:38:01	SHADBOLT, Veronica	Garden City Runners	Female V45	769	410
6	1:39:01	FINDLAY, Celia	David Lloyd Pacers	Female V45	686	459
7	1:39:59	HENRY, Nicola	Dacorum & Tring	Female V35	895	492
8	1:41:06	CRAFT, Moira	David Lloyd Pacers	Female V35	772	539
9	1:41:49	CARTER, Nicola	St Albans Striders	Female V35	71	570
10	1:42:32	BONNICK, Clare	Watford Joggers	Female V45	1661	605
11	1:42:39	HEYDECKER, Deirdre	St Albans Striders	Female V45	234	614
12	1:42:42	BARBER, Elizabeth	St Albans Striders	Female V55	1440	615
13	1:44:46	KASSEMZADEH, Sharon	Watford Joggers	Female V55	1038	702
14	1:45:13	RANSOM, Carol	St Albans Striders	Female V35	762	729
15	1:45:49	MURRAY, Clare	Dacorum & Tring	Female V35	896	761
16	1:45:58	FERGUSON, Christine	St Albans Striders	Female V45	1671	769
17	1:46:02	FARLEY, Claire	Ware Joggers	Female V35	505	773
18	1:46:05	YOUPELL, Jackie	Rickmansworth Running Sisters	Female V45	1119	777
19	1:46:41	CLAYDON, Nicky	Watford Joggers	Female V35	280	798
20	1:46:53	HERACLEOUS, Kate	Metros	Female V45	1128	809
21	1:47:30	HODSON, Angela	Garden City Runners	Female V35	123	838
22	1:49:24	WINTER, Gail	Watford Joggers	Female V35	1576	929
23	1:49:42	THOMPSON, Rosemary	Watford Joggers	Female V45	940	945
24	1:52:01	DINGEMANS, Jayne	Royston Runners	Female V35	189	1044
25	1:52:22	PARKER, Karen	Royston Runners	Female V45	2449	1061
26	1:53:26	RAE, Jane	David Lloyd Pacers	Female V35	217	1113
27	1:53:52	MILLWARD, Susan	Ware Joggers	Female V35	831	1133
28	1:55:40	MORGAN, Jayne	Watford Joggers	Female V45	920	1208
29	1:56:37	FARRELL, Ann	Watford Joggers	Female V45	1529	1241
30	1:56:57	MOONEY, Carole	St Albans Striders	Female V35	216	1259
31	1:57:50	STEPHENS, Sarah-jane	St Albans Striders	Female V35	79	1294
32	1:58:21	POWELL, Linda	St Albans Striders	Female V35	1534	1313
33	1:58:24	PICKERING, Nicola	Ware Joggers	Female V45	47	1314
34	1:59:32	GAVINE, Caroline	Royston Runners	Female V35	191	1372
35	1:59:44	DANIEL, Elizabeth	Tring RC	Female V45	292	1382
36	2:00:10	MANGLESHOT, Kimberley	Ware Joggers	Female V35	32	1402
37	2:00:25	NORMAN, Sheryl	St Albans Striders	Female V45	1081	1410
38	2:01:14	NICHOLS, Claire	Ware Joggers	Female V35	501	1430
39	2:01:32	OTTMAN, Jeanine	David Lloyd Pacers	Female V35	1096	1439
40	2:01:34	JAFFE, Jane	David Lloyd Pacers	Female V55	190	1441
41	2:01:45	DUDLEY, Clare	Garden City Runners	Female V35	1947	1454
42	2:05:18	CROWLEY, Sharon	Fairland Valley Spartans	Female V45	486	1524
43	2:07:00	ALEXANDER, Becky	St Albans Striders	Female V35	735	1561
44	2:07:34	HILL, Melanie	Royston Runners	Female V35	654	1578
45	2:07:49	FOSTER, Jane	St Albans Striders	Female V45	1939	1584
46	2:09:58	PAUL, Carol	Fairland Valley Spartans	Female V45	427	1619
47	2:10:09	FULLYLOVE, Roz	St Albans Striders	Female V35	115	1625
48	2:11:12	ROLFE, Vanessa	North Herts Road Runners	Female V55	1764	1640
49	2:12:06	EDWARDS, Angela	Watford Joggers	Female V45	902	1652
50	2:12:31	GOODWIN, Julie	Fairland Valley Spartans	Female V45	2106	1664
51	2:17:16	THOMAS, Jane	David Lloyd Pacers	Female V45	842	1734
52	2:18:37	HOWARD, Sarah	Ware Joggers	Female V35	990	1746
53	2:20:14	COLTMAN, Sarah	Watford Joggers	Female V35	1044	1761
54	2:23:02	WADDINGHAM, Margaret	Ware Joggers	Female V55	31	1781
55	2:32:57	STRINGER, Valerie	Ware Joggers	Female V55	43	1824

Hertfordshire Vets Team Competition

Hertfordshire Ladies Vets Team Competition

1st St Albans Striders A	Place	Time	Name	Age Category
	1st	1.29.55	Elizabeth McKie	V35
	3rd	1.32.19	Nicki Sawday	V35
	9th	1.41.49	Nicola Carter	V35
	13	4.44.03		
2nd David Lloyd				
	4th	1.33.09	Vikki Harrison	V35
	6th	1.39.01	Celia Findlay	V45
	8th	1.41.06	Moira Craft	V35
	18	4.53.16		
3rd Watford Joggers				
	2nd	1.31.58	Sue Carpenter	V45
	10th	1.42.32	Clare Bonnick	V45
	13th	1.44.46	Sharon Kassemzadeh	V45
	25	4.59.16		
4th St Albans Striders B				
	11th	1.42.39	Deirdre Heydecker	V45
	12th	1.42.42	Elizabeth Barber	V55
	14th	1.45.13	Carol Ransom	V35
	37	5.10.34		
5th Watford Joggers B				
	19th	1.46.41	Nicky Claydon	V35
	22nd	1.49.24	Gail Winter	V35
	23rd	1.49.42	Rosemary Thompson	V45
	64	5.25.47		
6th Garden City Runners				
	5th	1.38.01	Veronica Shadbolt	V45
	21st	1.47.30	Angela Hodson	V35
	41st	2.01.45	Clare Dudley	V35
	67	5.27.16		
7th Ware Joggers				
	17th	1.46.02	Claire Farley	V35
	27th	1.53.52	Susan Millward	V35
	33rd	1.58.24	Nicola Pickering	V45
	77	5.38.18		
8th St Albans Striders C				
	16th	1.45.58	Christine Ferguson	V45
	30th	1.56.57	Carole Mooney	V35
	31st	1.57.50	Sarah-Jane Stephens	V35
	77	5.40.45		
9th Royston Runners				
	24th	1.52.01	Jayne Dingemans	V35
	25th	1.52.22	Karen Parker	V45
	34th	1.59.32	Caroline Gavine	V35
	83	5.43.55		

Hertfordshire Vets Team Competition

10th David Lloyd B

26th	1.53.26	Jane Rae	V35
39th	2.01.32	Jeanine Ottman	V35
40th	2.01.34	Jane Jaffe	V55
105	5.56.32		

11th Watford Joggers C

28th	1.55.40	Jayne Morgan	V45
29th	1.56.37	Ann Farrell	V45
49th	2.12.06	Angela Edwards	V45
106	6.04.23		

12th St Albans Striders D

32nd	1.58.21	Linda Powell	V35
37th	2.00.25	Sheryl Norman	V45
43rd	2.07.00	Becky Alexander	V35
112	6.05.46		

13th Ware Joggers B

36th	2.00.10	Kimberley Mangleshot	V35
38th	2.01.14	Claire Nichols	V35
52nd	2.18.37	Sarah Howard	V35
126	6.20.01		

14th Fairland Valley Spartans

42nd	2.05.18	Sharon Crowley	V45
46th	2.09.58	Carol Paul	V45
50th	2.12.31	Julie Goodwin	V45
138	6.27.47		